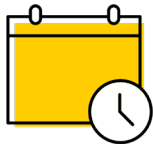


AMBULATORY CARE CONFERENCE 2026

Sponsored by University of Iowa Health Care, Department of Nursing Services and Patient Care

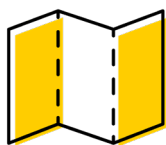


Friday, March 27, 2026 | 8:00 a.m. – 4:30 p.m.

Location: Holiday Inn & Kinnick Conference Center
1220 1st Avenue, Coralville, IA

The purpose of this conference is to optimize the care of patients across the ambulatory clinical setting by providing advanced knowledge and innovative care strategies impacting our ambulatory care staff and patients across the lifespan.

Intended Audience: Licensed nurses and other ambulatory care staff.



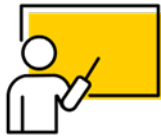
Agenda

- | | |
|------------|---|
| 08:00 a.m. | Welcome – Kinnick Conference Room AB
Melissa Gross, MSN, RN, CNRN, Director, Nursing Services |
| 08:05 | New Advancements in Female Urinary Incontinence
Annah Vollstedt, MD, Clinical Assistant Professor |
| 08:55 | Beyond Infertility: In Vitro Fertilization (IVF) as a Tool for Choice in Genetics, Preservation, and Inclusive Family Building
Aya Iwamoto, MD, MS, Fellow Physician |
| 09:45 | Break & Exhibitors – (Exhibitors located in Kinnick CD & prefunction area) |
| 10:05 | Vaccine Impact on Patient and Population Health
Quanhathai Kaewpoowat, MD, Clinical Associate Professor
Patrick Kinn, PharmD, MPH, Pharmacy Specialist |
| 11:05 | Ultra Processed Foods and Their Health Implications
Lori D. Winborn, MPH, RDN, LD, Dietitian |
| 11:35 | Lunch & Exhibitors – (Exhibitors located in Kinnick CD & prefunction area) |
| 12:35 p.m. | Bone Health Needs Nursing Champions
Lori Fitton, PhD, APRN, RN, CCD, ONP-C, Nurse Practitioner |
| 01:20 | Autism in Children
Hao Tran, MD, Clinical Assistant Professor |
| 02:05 | Break & Exhibitors – (Exhibitors located in Kinnick CD & prefunction area) |
| 02:25 | Emergencies in the Outpatient Setting
Christina Kopp, MSN, RN, ARNP-C, Nurse Practitioner |
| 02:55 | BreathWELL: Skills for Wellness and Resilience
Melanie Cuchna, MPH, MCHES, NBC-HWC, liveWELL Manager |
| 03:25 | DIScovering Keys to Teamwork through Communication
Julie Hartman, DC, MS, CHSE, Certified DISC Trainer, Instructional Service Director
Dennis Befeler, MFA, CHSOS, Instructional Service Manager
Joseph Vitelli, PMP, Simulation Specialist |
| 04:25 | Evaluation |
| 04:30 | Adjourn |



Schedule and speakers are subject to change. Faculty are staff of UI Health Care and/or University of Iowa Colleges unless otherwise indicated.

Changing Medicine.
Changing Lives.®



Educational Objectives

- List treatment options for stress urinary incontinence and urgency urinary incontinence.
- Discuss the diverse reasons patients pursue IVF, including genetic indications (PGT-M, PGT-SR), elective fertility preservation, LGBTQ+ family building, and cancer-related fertility preservation.
- Review the evidence of vaccine impact on patients and public health.
- List at least two ingredients commonly found in ultra processed foods.
- Explain what a bone health evaluation is to orthopedic patients and why it is important.
- Discuss how autism is diagnosed in children and treatments.
- Identify the most common medical emergencies that occur in outpatient clinic settings and recognize key red-flag symptoms requiring immediate action.
- Build skills on how to respond to clinical stress in an effective way that supports well-being and patient care.
- Demonstrate how quality teamwork relies on effective communication.



Registration Information



Registration Fee: \$70 (Add \$20 after 3/3/2026)

Registration link: <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=76940>

- You will need to set up an account if you are a first-time user, or 'sign in' if you already have a CloudCME account.

Registration deadline is March 13, 2026.

Refund: Full refund (minus \$10 cancellation fee) if notification received on or before March 13, 2026.

Room Reservations:

The conference will be held at the Holiday Inn & Kinnick Conference Center, 1220 1st Avenue Coralville, IA (north at 1-80, exit 242 and adjacent to the Hampton Inn).

Call the Holiday Inn directly at 319-351-5049 to reserve a room.



Education Credits:

In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the

Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 6.75 ANCC contact hours.

Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

Questions concerning education credits should be directed to the Nursing Clinical Education Center at (319) 356-1238.

The UI Health Care Department of Nursing Services and Patient Care's continuing education programs are developed under the supervision of Christina Woline, DNP, RN, NPD-BC, Associate Chief Nursing Officer – Professional Practice.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director and planning committee. Firms providing financial support did not have input in these areas.

For more information on upcoming CE offerings:

Visit our website for program information and brochures: <https://uihc.org/nursing-continuing-education-schedule>

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy (including childbirth and related conditions), disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, or associational preferences. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Senior Director, Office of Civil Rights Compliance, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705, daod-ocr@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.